



READI-CAT CONTRAST INSTRUCTIONS

Your physician has scheduled you to have a CAT scan. Read-Cat is a barium drink that will help in reviewing your stomach and intestines. You should have received two (2) bottles. You may refrigerated the bottles for improved taste, but do not dilute by adding water or ice.

1. Drink one (1) entire bottle three (3) hours prior to the exam. TIME: _____
2. The day of the exam, you should not eat or drink anything for three (3) hours before your scheduled time (with the exception of Read-Cat and prescribed medications if any).
3. Drink one half (1/2) of the second bottle one (1) hour before the exam TIME: _____ and bring the remainder of the bottle with you for the exam.
4. Just prior to the exam, you will be instructed as to when to finish the bottle.

You may take your prescribed medications at their regularly scheduled time, any questions, please check with your physician.

If you are a diabetic on insulin injections, please check with your physician regarding adjustments for the day of your test. Any person taking GLUCOPHAGE must contact New Century Imaging for special instructions.

It is very important that you follow these instructions.
Failure to do so may result in your exam being compromised.

Notes; Patient's need to drink plenty of fluids post exam. Read-Cat may cause your stool to appear whitish in color. If a problem should occur with constipation or diarrhea, contact your physician who may suggest Milk of Magnesia or Citrate of Magnesium for constipation. Discouraged the use of enemas.